

GOVERNMENT YOGA AND NATUROPATHY COLLEGE AND HOSPITAL

UTTUR / BAHIREWADI, TAL. AJARA, DIST. KOLHAPUR, MAHARASHTRA

SPARSH 2026

NATIONAL HANDS ON TRAINING WORKSHOP

9TH NATIONAL NATUROPATHY DAY 2026



Chiropractic



Cupping Therapy



Acupuncture



Moxibustion



Agnikarma



Viddhakarma

THEME

ADVANCING PAIN MANAGEMENT THROUGH INTEGRATIVE & MULTIMODAL APPROACHES

Learn • Experience • Practice • Integrate



18th – 20th November 2026



ORGANISED BY

GOVERNMENT YOGA AND NATUROPATHY COLLEGE AND HOSPITAL
UTTUR / BAHIREWADI, TAL. AJARA, DIST. KOLHAPUR, MAHARASHTRA



Scan for
Registration



Contact detail :
9611150515, 9373769622



Email :
sparshagyncuttur@gmail.com



Scan for
Venue

Holistic Healing for a Pain-Free Tomorrow

ABOUT THE COLLEGE

Government Yoga and Naturopathy College and Hospital, Uttur is the first Government institution in Maharashtra dedicated exclusively to Yoga and Naturopathy education, clinical training, research and holistic healthcare. Located in the serene surroundings of Uttur, Tal. Ajara, Dist. Kolhapur, the college is committed to nurturing competent BNYS professionals through evidence-based education, hands-on clinical exposure, community outreach and integrative healthcare practices.

The institution combines the principles of traditional natural healing with modern scientific understanding to promote preventive, promotive and therapeutic health care. With a state-of-the-art hospital, OPD and IPD facilities, experienced faculty, well-equipped departments and a patient-centred approach, the college serves as a centre for academic excellence, clinical service, research and public health education.

GYNCH, Uttur aspires to create a healthier society through the timeless wisdom of Nature cure and Yoga.



Quality Education



Clinical Training



Research & Innovation



Community Outreach



Holistic Healthcare

"Towards a healthier happier tomorrow through Nature cure and Yoga"

ABOUT SPARSH 2026

SPARSH 2026 is a three-day hands-on training workshop focused on **Integrative Pain Management**, bringing together scientific evidence, clinical experience and practical training in diverse therapeutic approaches.

The workshop is designed to provide participants with an opportunity to learn from experts, observe demonstrations, develop practical skills and understand the appropriate integration of different therapeutic approaches in pain management.

The programme progresses from scientific knowledge and evidence sharing to hands-on clinical techniques, creating an immersive learning experience for students, researchers and healthcare professionals.

Hybrid academic and skill-oriented programme comprising expert sessions, hands-on training workshops and National Naturopathy Day celebration.

The logo for SPARSH 2026 features a stylized green tree with leaves above the text "SPARSH 2026" in large, bold, blue letters. Below this, in smaller blue letters, is "HANDS ON TRAINING WORKSHOP".

SPARSH 2026

HANDS ON TRAINING WORKSHOP

ADVANCING PAIN MANAGEMENT THROUGH INTEGRATIVE & MULTIMODAL APPROACHES

18th – 20th November 2026

Organised on the occasion of 9th National Naturopathy Day
– 18th November 2026

Learn • Experience • Practice • Integrate



DAY 1 | CHIROPRACTIC & CUPPING

18th November 2026



MANUAL & MYOFASCIAL APPROACHES

Expert: Dr. Boris Dhas

Hands-on Training in Chiropractic & Cupping Therapy

An immersive practical session exploring manual and cupping-based approaches relevant to pain management using traditional and evidence-based approaches.



Session Highlights:

- Basic assessment approaches
- Demonstration of chiropractic techniques
- Hands on practice
- Practical introduction to cupping therapy
- Clinical application
- Indications, contra-indications and safety considerations

ASSESS • DEMONSTRATE • HANDS ON PRACTICE • APPLY

DAY 2 | VIDDHAKARMA & AGNIKARMA

19th November 2026



TRADITIONAL AND EVIDENCES BASED APPROACHES

Expert: Dr. Chandrakumar Deshmukh

Hands-on Training in Viddhakarma & Agnikarma

A practical learning experience exploring traditional and evidence-based approaches used in pain management.



Session Highlights:

- Principles and clinical applications
- Expert demonstration
- Hands on practice
- Patient selection and assessment
- Safety precautions
- Indications, contra-indications and post-procedure care

UNDERSTAND • OBSERVE • HANDS ON PRACTICE • INTEGRATE

DAY 3 | ACUPUNCTURE & MOXIBUSTION

20th November 2026



ACUPUNCTURE • ELECTRO-ACUPUNCTURE • MOXIBUSTION

Expert: Dr. Kalpanadevi

Hands-on Training in Acupuncture & Moxibustion

A practical, evidence-based session introducing participants to Acupuncture and Moxibustion techniques relevant to pain management.



Session Highlights:

- Fundamentals of Acupuncture for pain management
- Pain assessment and therapeutic approach
- Identification of relevant Acupuncture points
- Demonstration of Acupuncture techniques
- Moxibustion techniques
- Hands on practice
- Safety precautions and contra-indications

LOCATE • STIMULATE • HANDS ON PRACTICE • INTEGRATE

OBJECTIVES

- To celebrate National Naturopathy Day through a meaningful academic, clinical and skill-oriented programme.
- To promote awareness of appropriate patient assessment, indications, contra-indications, precautions and safe practice in selected therapeutic approaches.
- To facilitate interdisciplinary academic discussions on contemporary, traditional and integrative approaches to pain management.
- To provide experiential, hands-on training in selected therapeutic techniques, including Chiropractic, Cupping Therapy, Viddhakarma, Agnikarma, Acupuncture and Moxibustion.
- To bridge the gap between academic knowledge and clinical application through demonstrations, practical sessions and supervised hands on learning.
- To create a platform for research, innovation, scientific communication, documentation and evidence-informed practice in the field of pain management.
- To encourage peer interaction, knowledge exchange and collaboration among students, researchers and healthcare professionals.

CHIEF PATRONS



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Maharashtra State



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Dr. Sharad Chaudhari
Assistant Professor



Dr. Pranav Malwade
Medical Officer

DAY 1 | CHIROPRACTIC & CUPPING

18th November 2026

MANUAL & MYOFASCIAL APPROACHES



Dr. Boris Dhas

BNYS
Expert Chiropractor

Dr. Boris Dhas

An experienced clinician specializing in Chiropractic and Cupping Therapy. Dr. Boris Dhas will lead an intensive hands-on workshop on manual and myofascial approaches to pain management. Participants will gain practical experience in musculoskeletal assessment, chiropractic techniques, therapeutic cupping, clinical application and safe practice under expert supervision.

Hands-on Training in Chiropractic & Cupping Therapy

An immersive practical session exploring manual and cupping-based approaches relevant to pain management.

ASSESS • DEMONSTRATE • PRACTICE • APPLY



DAY 2 | VIDDHAKARMA & AGNIKARMA

19th November 2026

TRADITIONAL AND EVIDENCE-BASED THERAPEUTIC APPROACHES



Dr. Chandrakumar Deshmukh

BAMS (Ayurvedacharya)

Dr. Chandrakumar Deshmukh

A Nationally recognized expert in Viddhakarma and Agnikarma, Dr. Chandrakumar Deshmukh brings extensive clinical expertise in traditional therapeutic procedures. This workshop emphasizes classical principles, patient selection, live demonstrations, hands-on learning, safety protocols and post-procedure clinical care.

Hands-on Training in Viddhakarma & Agnikarma

A practical learning experience exploring traditional and evidence-based therapeutic approaches used in pain management.

UNDERSTAND • OBSERVE • PRACTICE • INTEGRATE



DAY 3 | ACUPUNCTURE & MOXIBUSTION

20th November 2026

ACUPUNCTURE • ELECTRO-ACUPUNCTURE • THERMAL THERAPY



Dr. Kalpanadevi

BNYS, MD (Acupuncture
and Energy Medicine)

Dr. Kalpanadevi

Dr. Kalpanadevi is an expert in Acupuncture and Moxibustion with a focus on integrative pain management. Her practical session covers acupuncture fundamentals, therapeutic point identification, pain assessment, moxibustion techniques, electro-acupuncture, supervised needling, thermal practice and essential precautions for safe clinical application.

Hands-on Training in Acupuncture & Moxibustion

A practical session introducing participants to acupuncture, electro-acupuncture, moxibustion, supervised needling and thermal practice-based approaches.

ASSESS • LOCATE • STIMULATE • PRACTICE



SPARSH 2026

Workshop on Pain Management

Government Yoga and Naturopathy College, Uttur, Ajara, Kolhapur, Maharashtra

17th NOVEMBER 2026 — PRE-WORKSHOP PAPER & POSTER PRESENTATION DAY
ONE DAY BEFORE THE HANDS-ON TRAINING (18th – 20th NOVEMBER 2026)

The SPARSH 2026 programme will begin with a dedicated Paper and Poster Presentation Day on 17th November 2026. This academic day is scheduled one day before the three-day hands-on workshop (18th – 20th November 2026), allowing participants to present research, clinical experiences, case reports, innovations and evidence related to pain management before attending the practical training sessions.

1st PROGRAMME OVERVIEW

17th November 2026	Pre-Workshop Paper & Poster Presentation Day — Hybrid Mode
18th – 20th November 2026	Hands-on Training Workshop
Broad Theme	ADVANCING PAIN MANAGEMENT THROUGH INTEGRATIVE & MULTIMODAL APPROACHES
Academic Focus	Integrative AYUSH System Multidisciplinary Approaches

2nd 17th NOVEMBER 2026 — PRE-WORKSHOP PAPER & POSTER PRESENTATION DAY

The first academic day of SPARSH 2026 will be dedicated to online/offline paper and poster presentations under the broad theme “ADVANCING PAIN MANAGEMENT THROUGH INTEGRATIVE & MULTIMODAL APPROACHES”. Participants may include researchers, clinicians, faculty members, students and professionals from AYUSH, medical and allied health disciplines. Presentation categories may include Original Research, Review Articles, Case Reports/Case Series, Clinical Studies, Observational Studies, Educational Innovations and Evidence-based Practice.

3rd THEME FOR PAPER AND POSTER PRESENTATION

The papers and posters should be related to the overarching theme of SPARSH 2026 – **Advancing Pain Management Through Integrative & Multimodal Approaches**. Sub-themes include (but are not limited to):

- 1 Pain – basic science, mechanisms and pathophysiology
- 2 Integrative approaches in pain management (Ayurveda, Yoga, Naturopathy and allied systems)
- 3 Non-pharmacological and complementary therapies for acute and chronic pain
- 4 Role of Yoga, meditation and mind–body interventions in pain modulation
- 5 Acupuncture, electro-acupuncture, moxibustion and related modalities
- 6 Chiropractic, manual therapy and myofascial approaches
- 7 Agnikarma and Viddhakarma in pain management
- 8 Clinical experiences, case reports and observational studies
- 9 Recent innovations, technology and multidisciplinary approaches in pain management
- 10 Lifestyle, diet, nutraceuticals and regenerative approaches for pain relief
- 11 Pain management in musculoskeletal, neurological and lifestyle disorders
- 12 Role of physiotherapy, rehabilitation and exercises in pain modulation
- 13 Patient education, counselling and behavioural interventions
- 14 Evidence-based practice, policy and public health aspects of pain management
- 15 Interdisciplinary and integrative models of care
- 16 Any other related topics pertinent to the main theme

4th ABSTRACT SUBMISSION GUIDELINES

Last Date of Abstract Submission : 1st November 2026
Word Limit : 250–300 words
Keywords : Include 3–5 keywords at the end of the abstract.
File Format : MS Word (.doc/.docx), Times New Roman, 12–point font, 1.5 line spacing.
File Size : Maximum 5 MB for upload.

The abstract should be clear, concise and scientifically structured. Authors should preferably use the following headings:

- Background / Introduction
- Objective(s)
- Methodology / Materials and Methods
- Results / Expected Findings
- Conclusion

For original research, include the study design, participant/sample details, intervention or exposure, major outcome measures and statistical approach wherever applicable.

5th AUTHOR SUBMISSION CHECK LIST

- Abstract prepared as per guidelines (250–300 words)
- Title, authors, affiliations and corresponding author details mentioned
- 3–5 keywords provided
- File in MS Word (.doc/.docx), Times New Roman, 12–point font, 1.5 line spacing
- File size within 5 MB
- Abstract structured with Background, Objectives, Methods, Results and Conclusion
- File named as: FirstAuthorName_Theme (e.g., Sharma_PainManagement.docx)
- Submitted before 1st November 2026
- Confirmation email received from organizers

SPARSH 2026

EVENT TIME TABLE

17th – 20th November 2026

PRE-WORKSHOP SESSION — 17th November 2026

Paper and Poster

Time	Programme	Description
09:00 AM – 05:00 PM	Paper and Poster Presentations	Online presentations through Zoom and offline presentations at the designated venue.

DAY 1 — 18th November 2026

Workshop

Time	Programme	Description
09:00 AM – 09:30 AM	Registration	Participant registration.
09:30 AM – 10:00 AM	Inauguration of National Naturopathy Day	Inauguration ceremony.
10:00 AM – 01:00 PM	Chiropractic – Hands-on Training	Scientific session, practical demonstration and hands-on training.
01:00 PM – 02:00 PM	Lunch Break	—
02:00 PM – 05:00 PM	Cupping Therapy – Hands-on Workshop	Scientific session, practical demonstration and hands-on training.

DAY 2 — 19th November 2026

Time	Programme	Description
09:00 AM – 01:00 PM	Viddhakarma & Agnikarma	Scientific session.
01:00 PM – 02:00 PM	Lunch Break	—
02:00 PM – 05:00 PM	Hands-on Training	Practical demonstration and hands-on training techniques.



SPARSH 2026

DAY 3 — 20th November 2026

Time	Programme	Description
09:00 AM – 01:00 PM	Acupuncture & Moxibustion	Expert: Dr. Kalpanadevi Scientific session and case discussions.
01:00 PM – 02:00 PM	Lunch Break	—
02:00 PM – 05:00 PM	Hands-on Training	Practical demonstration and hands-on training techniques.



SPARSH 2026

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Dr. Dhiraj Gautam
Dr. Vaishali Mathapati
Dr. Yogesh Potdar

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Dr. Samiksha Kamble
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Dr. Vidyasagar Metty
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Mr. Bhairavnath Kadakne

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- Mr. Sudhakar Verulkar
- Mr. Bhairinath Kadakne

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REGISTRATION PROCESS

- 1 Registration is mandatory
- 2 Scan the QR Code given and complete the Registration process with Payment
- 3 Click the Registration Link given below
- 4 Fill the details in the google form link
- 5 Upload the screenshot of payment done including Transaction Id
- 6 Complete the registration by submitting the google form

SCAN TO REGISTER



<https://docs.google.com/forms/d/1boKr11-4azWlxwwjCslt88DAHbCg9s1VBbKdKyUEZM/edit?ts=6ab65a92>

SPARSH 2026 REGISTRATION FEE DETAILS 17th to 20th November 2026

PARTICIPANT CATEGORY	OFFLINE (IN-PERSON)	Online workshop
UG Students	₹ 2,000	₹ 1,000
PG / Interns	₹ 3,000	₹ 1,500
Faculty / Consultants	₹ 4,000	₹ 2,000
Researchers / Practitioners	₹ 4,000	₹ 2,000
International Participants	\$ 100	\$ 50

SCAN TO PAY REGISTRATION FEE



dhanwantarinagarisah000039@rsb
SCAN USING ANY UPI QR APP



**EARLY BIRD
DISCOUNT
10% OFF**

- Get **10% discount** on registration fee if you register before **10th October 2026**.



Valid only for Offline Registration



**BULK
REGISTRATION
DISCOUNT**

- Get **1 Free Registration** for every **10** participants. (e.g. 10 participants = 10 paid + 1 free)

Valid only for Offline Registration



Note:

- Participants are required to make their own arrangements for travel and accommodation.
- No reimbursement towards travel or stay will be provided by the organizers.
- High Tea and lunch will be provided during the programme.

VENUE & LOCATION DETAILS



Main Inauguration Venue



Hands-on Workshop Venue



Spot Registration Desk



First Aid / Emergency Support Point



**Government Sub-District
Hospital Gadhinglaj**

Address:

Gadhinglaj, Dist. Kolhapur,
Maharashtra – 416502



Paper / Poster Presentation Venue : **Online mode / Offline mode**

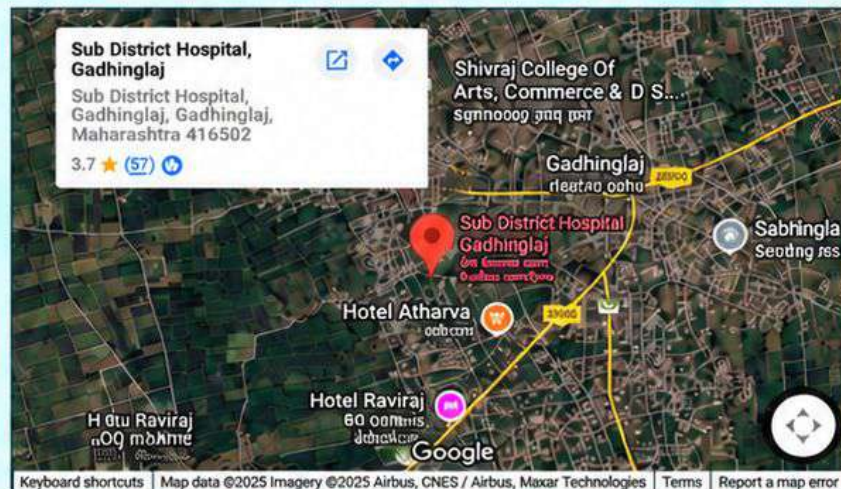


Google Maps Location:

Google Maps: <https://www.google.com/maps?q=16.2231184,74.3447939&hl=es&z=14>



Scan for Google Maps



MAJOR NEARBY AIRPORTS FROM GADHINGLAJ



**Kolhapur Airport
(CSX)**

62 km
(Approx. 1.5 hours)



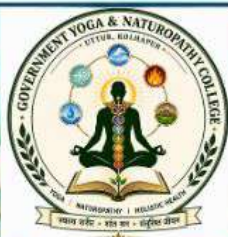
**Goa International
Airport (GOI)**

159 km
(Approx. 2.5 hours)



**Belagavi Airport
(IXG)**

75 km
(Approx. 1.5 hours)



Government Yoga and Naturopathy College & Hospital, Uttur

J. P. Naik memorial Smarak, Bahirewadi, Tal. Ajara,
Dist. Kolhapur, Maharashtra, 416220.

SPARSH 2026

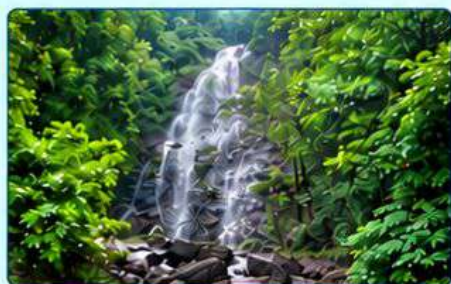
Stay and Visitor Guide

Government Yoga and Naturopathy College and Hospital, Uttur | 17th–20th November 2026

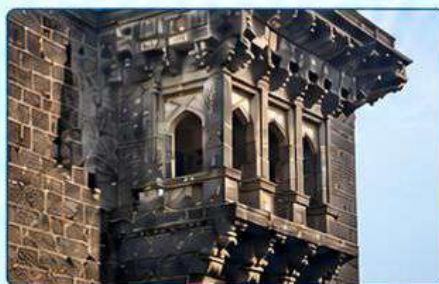
Suggested accommodation for workshop participants. Gadhinglaj options are listed first, followed by selected stays in Ajara. Please contact the property directly before booking.

No.	Accommodation	Area and location	Contact	Notes for participants
1	Hotel Sai Plaza	Gadhinglaj - near Market Yard	+9170663 21555	Sankeshwar-Amboli highway; restaurant, Wi Fi and parking listed.
2	Hotel Namrata	Gadhinglaj - Naik Galli	+9190672 22400	AC rooms, Wi Fi, parking and pool listed.
3	Hotel Surya Executive	Gadhinglaj - Gandhinagar	+9190211 40903	Amboli-Gadhinglaj Road; restaurant, parking and Wi Fi listed.
4	Hotel Prarthana Executive	Gadhinglaj - Ajara Road	+912327 226700	Restaurant and parking listed; confirm room category.
5	Hotel Aniket	Mahagaon - Gadhinglaj-Chandgad Road	+9197306 59030	Near Hari Karkhana alternative stay outside town.
6	Vardhan Lodge	Ajara - SH 134	+9172762 59616	Lodge with Wi Fi and parking listed.
7	Hotel Minerva Paradise	Ajara - Amboli Road	Contact via listing	Opposite New Court Building; confirm direct contact and tariff.
8	Palaash Greens Resort	Survey no. 121, Bahirewadi, Ajara, Kolhapur, Bahirewadi, Maharashtra 416220	08431376237	Resort near Bahirewadi; rooms, restaurant, green surroundings. Contact directly for availability and tariff.

A glance at the region



Amboli Waterfall



Panhala Fort



New Palace

Booking reminder Confirm the 17th–20th November dates, available rooms, current tariff, check in and check out times, transport to Uttur and cancellation terms with the property. These are suggestions, not reserved workshop accommodation.

Accommodation listing references Google Travel property listings for the eight hotels above. Phone numbers and facilities shown in those public listings may change.

Nearby Tourist Attractions

Ajara • Amboli • Kolhapur | Suggested visits during free time

No.	Place	Location	Key attraction	Famous for	Photo
1	Amboli Waterfall	Amboli, Sindhudurg	Famous monsoon cascade amid dense Western Ghats greenery, about 3 km from Amboli bus stand.	Cascading water, mist and forest photography.	
2	Nangarta Falls	About 10 km from Amboli	A narrow gorge and approximately 40 ft cascade with a viewing platform and bridge.	Monsoon flow, gorge views and photography.	
3	Kavalshet (Kavlesad) Point	Amboli Ghat	A panoramic Western Ghats viewpoint, especially scenic in monsoon mist.	Valley views, mist and waterfalls.	
4	Ramtrith Waterfall	Ajara - about 2 km from town	On the Hiranyakeshi River, with a scenic setting during monsoon.	River, greenery and Shri Ram association.	
5	Chitri Dam	Near Itte - about 11 km from Ajara	A Sahyadri reservoir at roughly 2,400 ft above mean sea level, surrounded by hills.	Reservoir views and monsoon scenery.	

Travel note Check opening times, site access and road conditions before leaving. Waterfall and viewpoint conditions change with rainfall; remain within marked visitor areas.

Nearby Tourist Attractions

Ajara • Amboli • Kolhapur | Suggested visits during free time

Kolhapur attractions continued

No.	Place	Location	Key attraction	Famous for	Photo
6	Panhala Fort	Panhala - about 20 km from Kolhapur	Historic hill fort with gateways, bastions and panoramic Sahyadri views.	Maratha history, Teen Darwaza and Ambarkhana	
7	Shree Mahalakshmi (Ambabai) Temple	Kolhapur city	Historic temple with notable stone architecture and religious significance.	Darshan, sculpture and spiritual heritage	
8	Rankala Lake	Kolhapur city	Scenic urban lake with gardens, walks, temple heritage and boating.	Sunset, lakeside walks and local food.	
9	New Palace	Kolhapur city	Late nineteenth century royal complex housing the Shahaji Chhatrapati Museum.	Darbar Hall, palace architecture and collections.	
10	Jyotiba Temple	Jyotiba Hill, near Kolhapur	Hilltop temple complex with broad views over the surrounding landscape.	Pilgrimage and scenic views.	

Travel note Check opening times, site access and road conditions before leaving. Waterfall and viewpoint conditions change with rainfall; remain within marked visitor areas.

GOVERNMENT YOGA AND NATUROPATHY COLLEGE & HOSPITAL, UTUR

Learn | Practice | Heal

CHIROPRACTIC

CUPPING
THERAPY

SPARSH
HANDS-ON TRAINING

*Traditional Wisdom
for Modern Healing*

VIDDHAKARMA
& AGNIKARMA

ACUPUNCTURE &
MOXIBUSTION

शासकीय योग व निसर्गोपचार महाविद्यालय व रुग्णालय



*“Knowledge
today for a
healthier tomorrow”*

SPARSH 2026

Government Yoga and Naturopathy
College and Hospital, Uttur

Thank You!

सर्वे भवन्तु सुखिनः सर्वे सन्तु निरामयाः।
सर्वे भद्राणि पश्यन्तु मा कश्चिद् दुःखभागभवेत्॥



Learn



Network



Grow



Together
for a Healthier
Tomorrow

*Healthier People
Happier Communities*

